

# 101 Joyful Affirmations for 2023

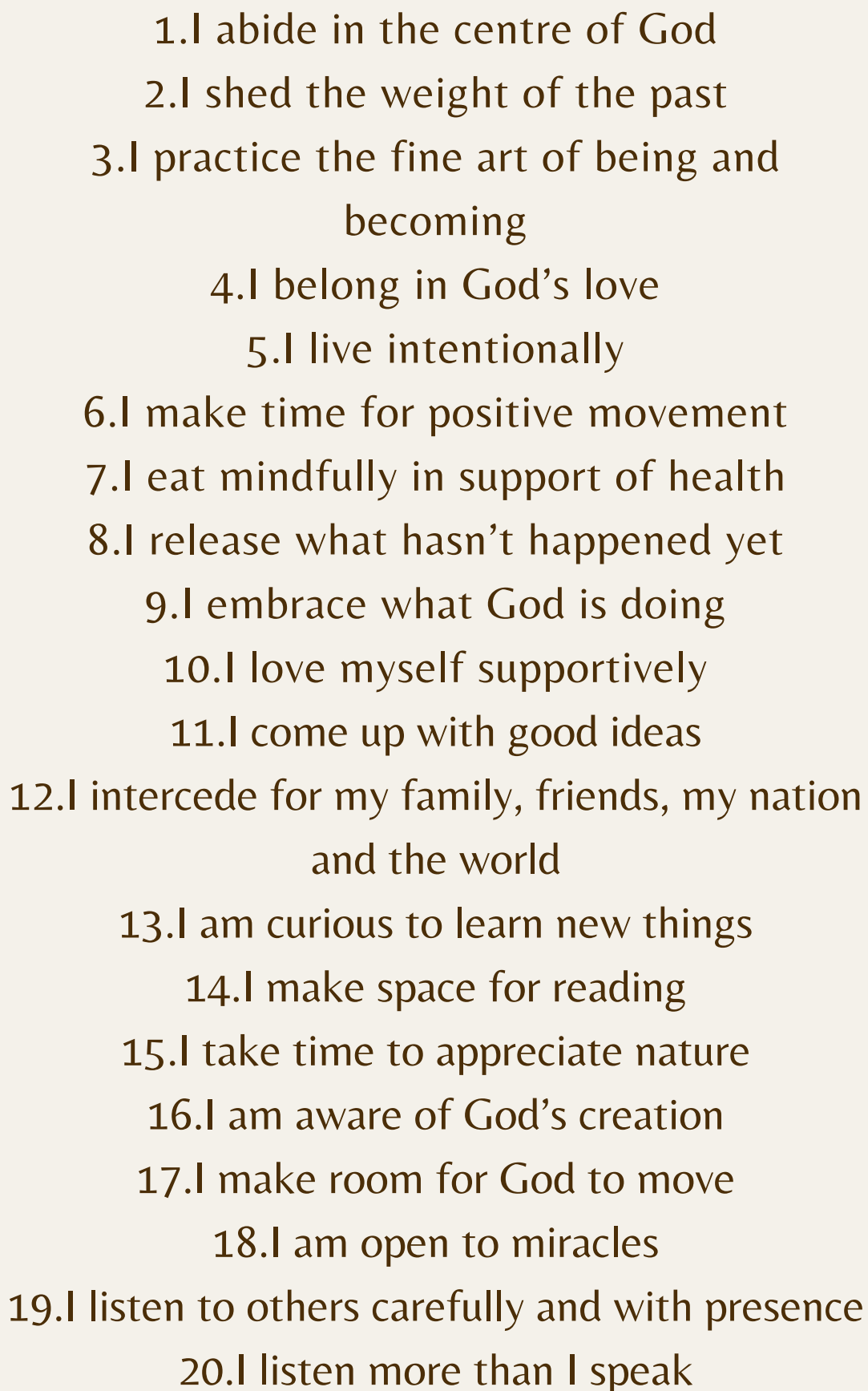


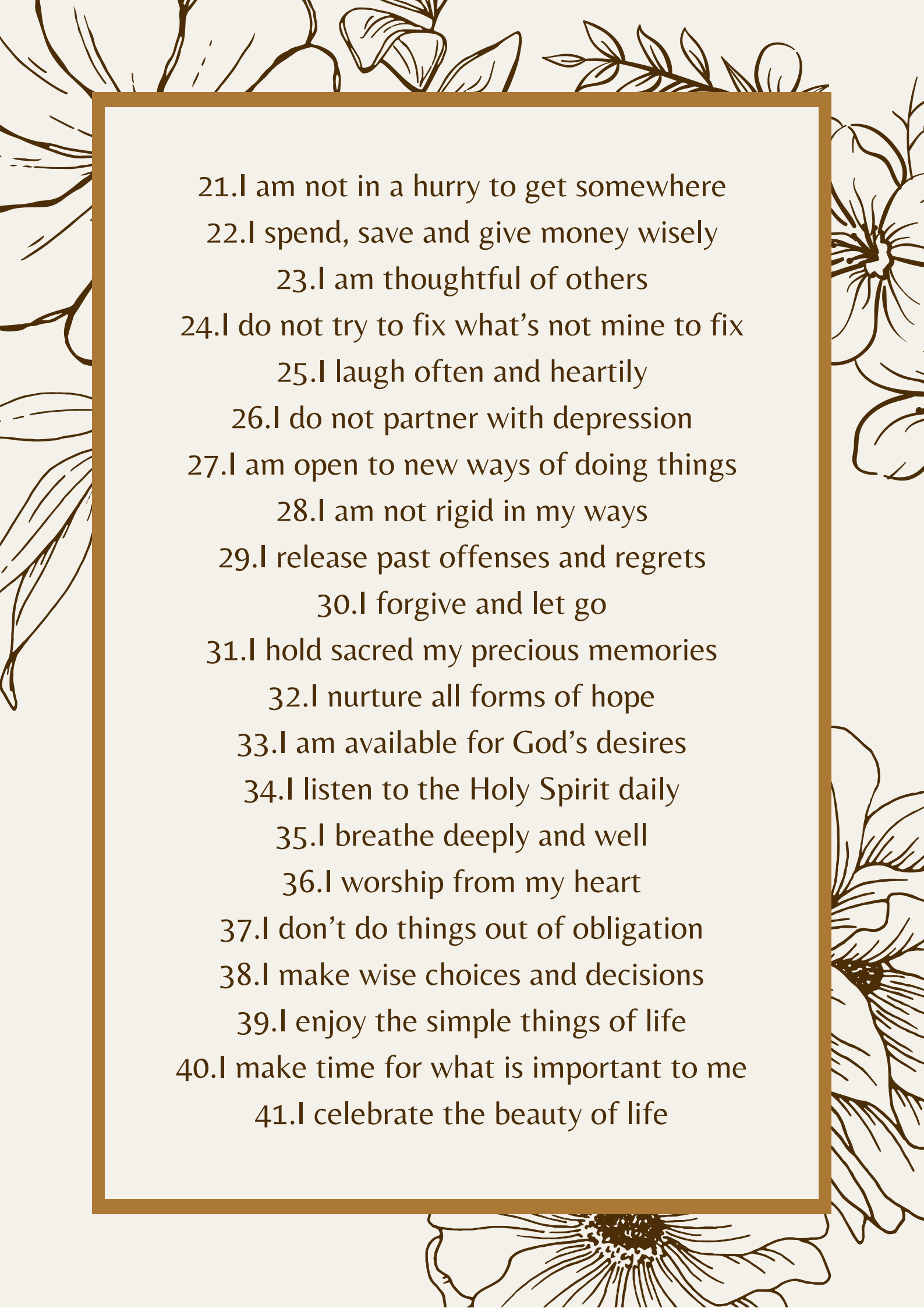
---

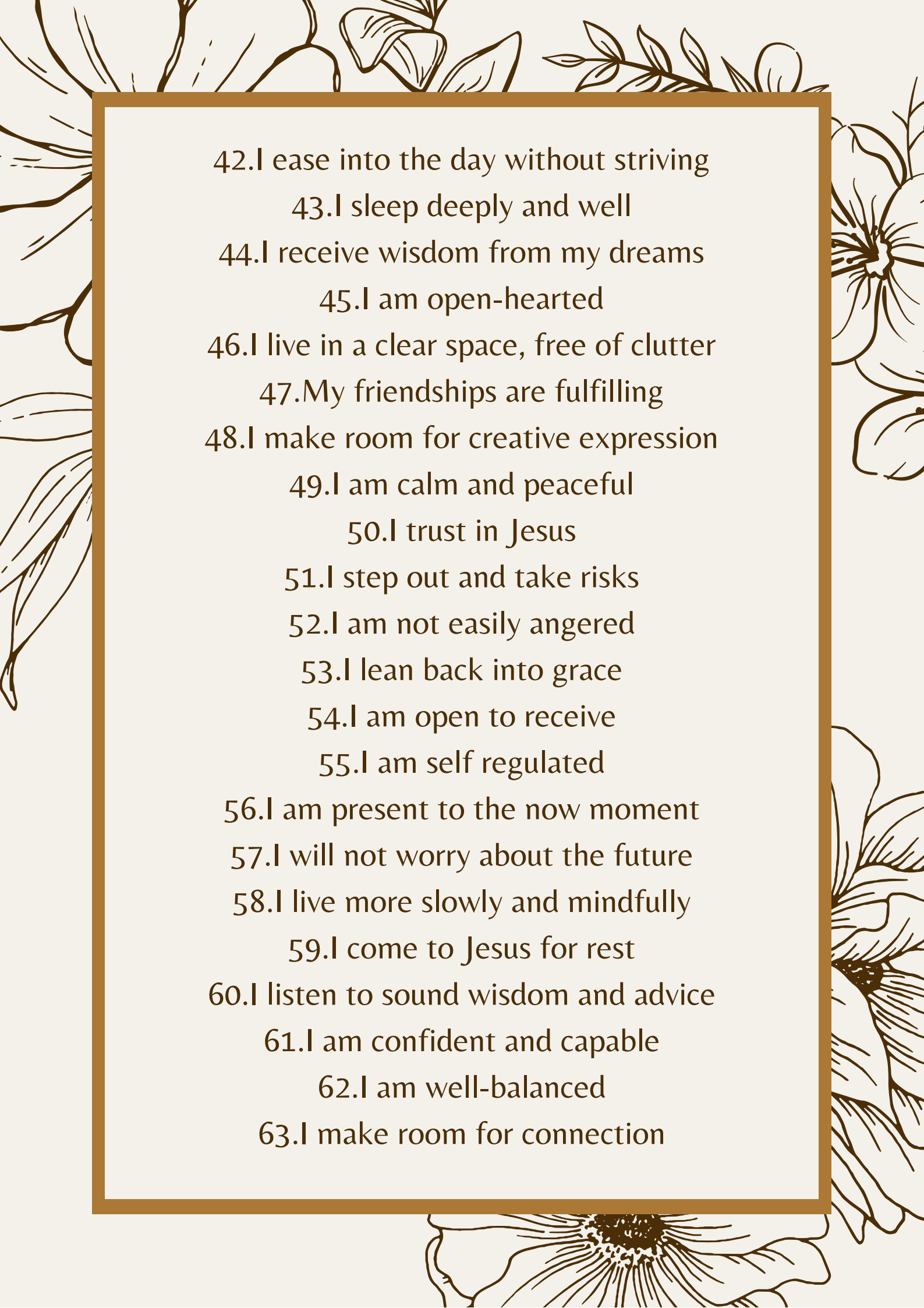
JENNETH GRASER

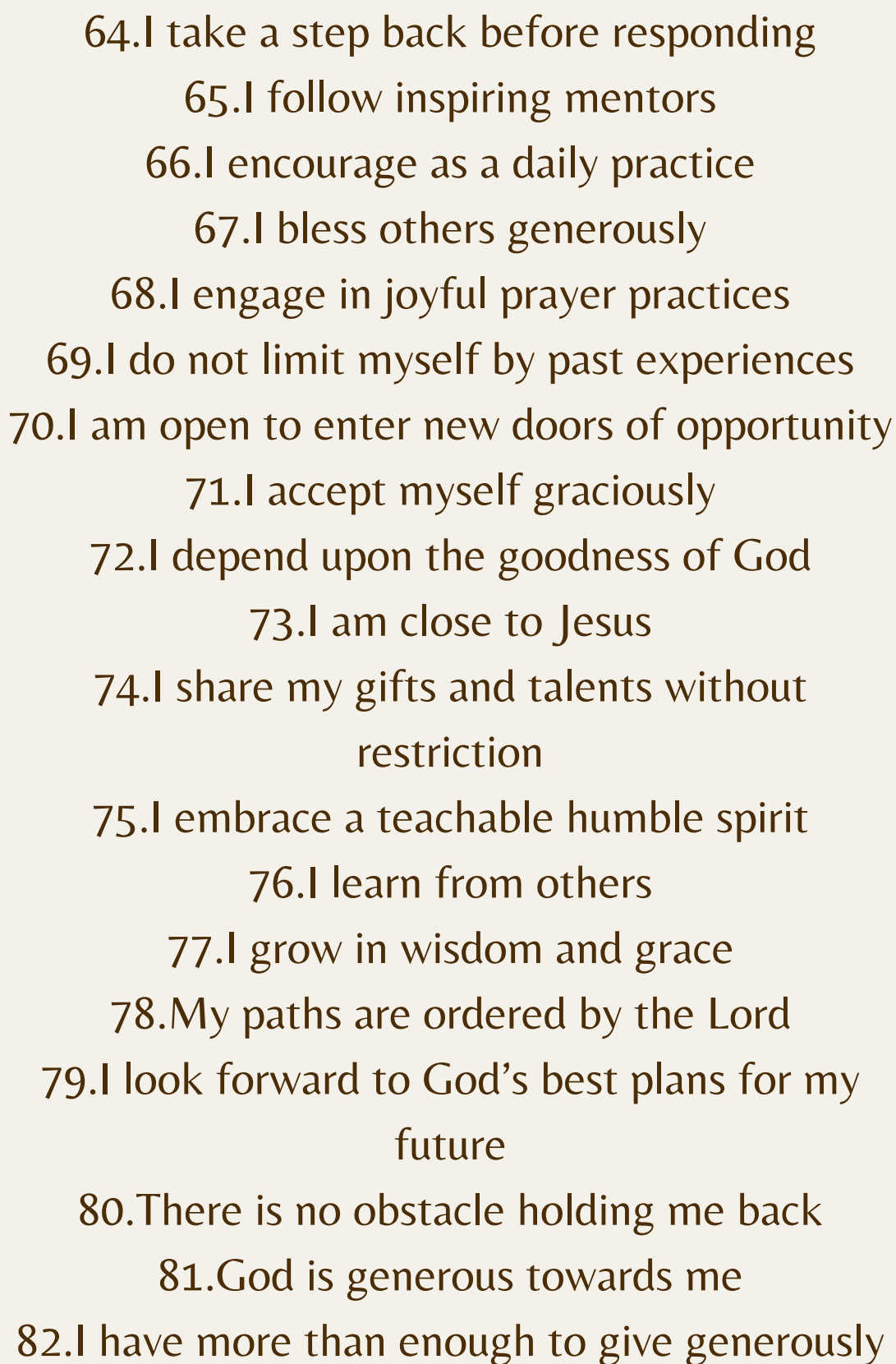
SECRET PLACE DEVOTION

---

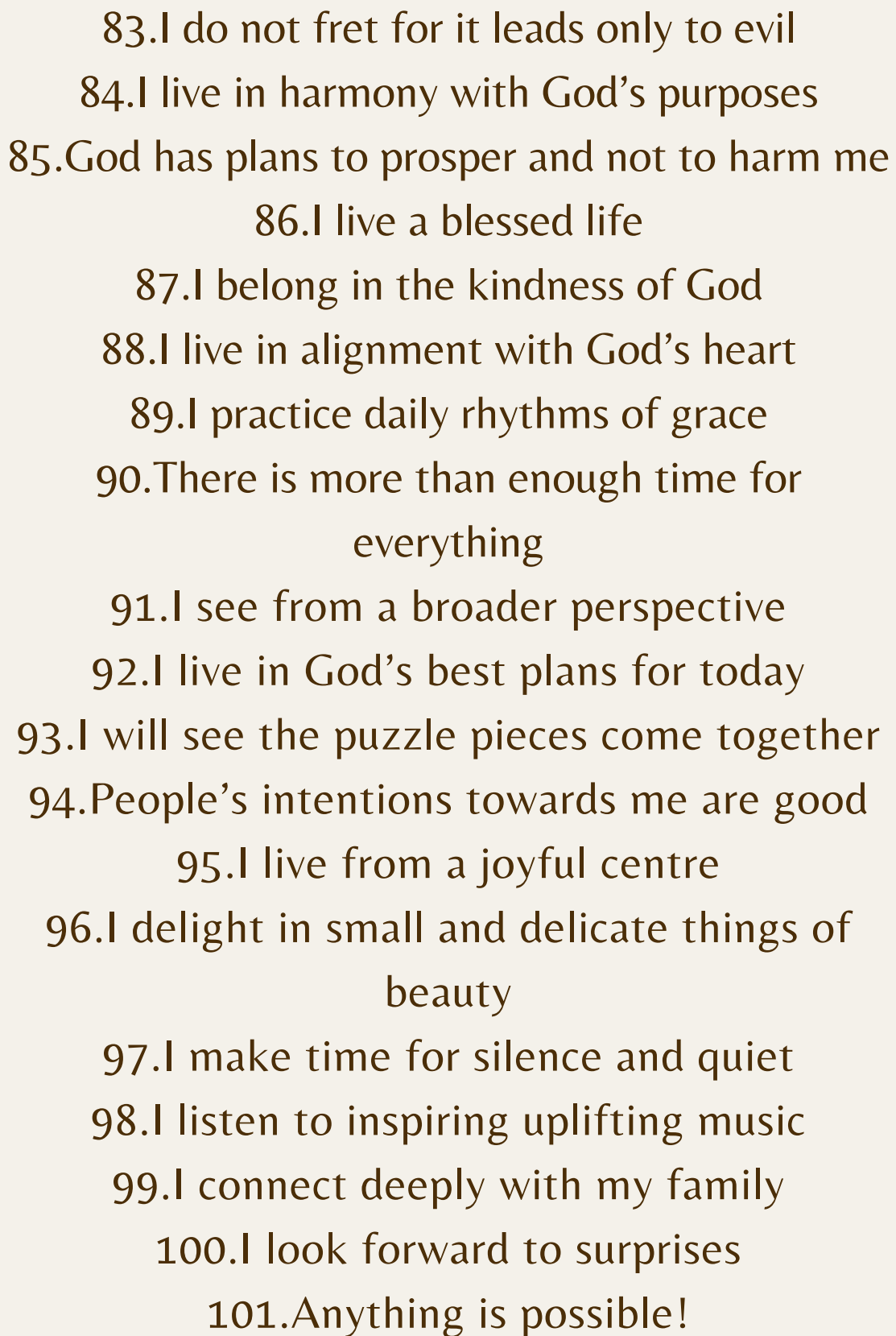
- 
- A decorative border of line-art flowers and leaves surrounds the central text box. The flowers are stylized with long, thin petals and prominent centers, while the leaves are simple, elongated shapes.
1. I abide in the centre of God
  2. I shed the weight of the past
  3. I practice the fine art of being and becoming
  4. I belong in God's love
  5. I live intentionally
  6. I make time for positive movement
  7. I eat mindfully in support of health
  8. I release what hasn't happened yet
  9. I embrace what God is doing
  10. I love myself supportively
  11. I come up with good ideas
  12. I intercede for my family, friends, my nation and the world
  13. I am curious to learn new things
  14. I make space for reading
  15. I take time to appreciate nature
  16. I am aware of God's creation
  17. I make room for God to move
  18. I am open to miracles
  19. I listen to others carefully and with presence
  20. I listen more than I speak

- 
- A decorative border of line art flowers and leaves surrounds the central text box. The flowers are stylized with long, thin petals and prominent centers, while the leaves are simple, elongated shapes.
21. I am not in a hurry to get somewhere  
22. I spend, save and give money wisely  
23. I am thoughtful of others  
24. I do not try to fix what's not mine to fix  
25. I laugh often and heartily  
26. I do not partner with depression  
27. I am open to new ways of doing things  
28. I am not rigid in my ways  
29. I release past offenses and regrets  
30. I forgive and let go  
31. I hold sacred my precious memories  
32. I nurture all forms of hope  
33. I am available for God's desires  
34. I listen to the Holy Spirit daily  
35. I breathe deeply and well  
36. I worship from my heart  
37. I don't do things out of obligation  
38. I make wise choices and decisions  
39. I enjoy the simple things of life  
40. I make time for what is important to me  
41. I celebrate the beauty of life

- 
- A decorative border featuring line art of various flowers and leaves, including a large flower on the left, a branch with leaves at the top, and a flower on the right.
- 42.I ease into the day without striving  
43.I sleep deeply and well  
44.I receive wisdom from my dreams  
45.I am open-hearted  
46.I live in a clear space, free of clutter  
47.My friendships are fulfilling  
48.I make room for creative expression  
49.I am calm and peaceful  
50.I trust in Jesus  
51.I step out and take risks  
52.I am not easily angered  
53.I lean back into grace  
54.I am open to receive  
55.I am self regulated  
56.I am present to the now moment  
57.I will not worry about the future  
58.I live more slowly and mindfully  
59.I come to Jesus for rest  
60.I listen to sound wisdom and advice  
61.I am confident and capable  
62.I am well-balanced  
63.I make room for connection

- 
- A decorative border of line-art flowers and leaves surrounds the central text box. The flowers are stylized with long, thin petals and prominent centers, while the leaves are simple, elongated shapes.
- 64.I take a step back before responding  
65.I follow inspiring mentors  
66.I encourage as a daily practice  
67.I bless others generously  
68.I engage in joyful prayer practices  
69.I do not limit myself by past experiences  
70.I am open to enter new doors of opportunity  
71.I accept myself graciously  
72.I depend upon the goodness of God  
73.I am close to Jesus  
74.I share my gifts and talents without  
restriction  
75.I embrace a teachable humble spirit  
76.I learn from others  
77.I grow in wisdom and grace  
78.My paths are ordered by the Lord  
79.I look forward to God's best plans for my  
future  
80.There is no obstacle holding me back  
81.God is generous towards me  
82.I have more than enough to give generously



- 
- A decorative border of line art flowers and leaves surrounds the central text box. The flowers are stylized with long, thin petals and prominent centers, while the leaves are simple, elongated shapes.
- 83.I do not fret for it leads only to evil  
84.I live in harmony with God's purposes  
85.God has plans to prosper and not to harm me  
86.I live a blessed life  
87.I belong in the kindness of God  
88.I live in alignment with God's heart  
89.I practice daily rhythms of grace  
90.There is more than enough time for  
everything  
91.I see from a broader perspective  
92.I live in God's best plans for today  
93.I will see the puzzle pieces come together  
94.People's intentions towards me are good  
95.I live from a joyful centre  
96.I delight in small and delicate things of  
beauty  
97.I make time for silence and quiet  
98.I listen to inspiring uplifting music  
99.I connect deeply with my family  
100.I look forward to surprises  
101.Anything is possible!